

LONG LAKE CONSERVATION CENTER
MENU OPTIONS FOR RETREAT WEEKENDS

Breakfast:

- French toast
- Pancakes

Served with bacon, applesauce or other fruit, orange juice, coffee, tea, and milk.

Brunch:

- Scrambled eggs, sausage links, hash browns, sweet caramel rolls, grapefruit sections or other fruit, selection of cold cereals, orange juice, coffee, tea, and milk.

Lunch:

- Turkey or beef roll-up sandwich, served with soup and dessert.
(cream of broccoli or cream of wild rice)
- Beef stew, served with biscuits, coleslaw, and dessert.
- Chef's salad and dessert.
- Salad bar with soup, and dessert.
(cream of broccoli or cream of wild rice)

Dinner:

- Swedish meatballs in gravy, served with mashed potatoes, coleslaw, hot vegetable, and dessert.
- Swiss steak, served with mashed potatoes, gravy, hot vegetable, and dessert.
- Marinated chicken breast, served with rice pilaf, hot vegetable, and dessert.
- Stir fry with vegetables and chicken or beef, served with white rice and dessert.
- Turkey dinner with all the fixings, served with dessert.
- Lasagna, served with green salad, fresh garlic bread, and dessert.

Return this form to us, or write your choices on the Retreat Planner,
at least two weeks prior to the start of your event.

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