

Long Lake Conservation Center Adult Group Menu Options:

Breakfast:

French toast or pancakes, bacon, applesauce, milk, orange juice, coffee, tea

Egg casserole, fruit, cinnamon roll or muffins, coffee, tea, orange juice and/or milk

Brunch:

Scrambled eggs, sausage links, hash browns, caramel roll, grapefruit sections, cold cereal, coffee, tea, orange juice and/or milk

Egg casserole, grapefruit sections, pancakes, coffee, tea, orange juice and/or milk

Lunch:

1. Turkey or beef roll-up sandwich, soup & dessert
cream of broc. cream of wild rice
2. Beef stew, biscuit, cole slaw & dessert
3. Salad bar & soup, dessert
cream of broc. cream of wild rice
4. Turkey ala King, vegetable & dessert
5. French Dip Sandwich, Fries & Dessert

Dinner:

1. Swedish meatballs, mashed potatoes, cole slaw, vegetable & dessert
2. Swiss steak, mashed potatoes, vegetable & dessert
3. Chicken breast, rice pilaf, vegetable & dessert
4. Beef or Chicken & vegetable stir fry, rice & dessert
5. Turkey dinner with all the fixings & dessert
6. Lasagna, salad, garlic bread & dessert
7. Roast Beef, Mashed Potatoes, Vegetable & Dessert