

LONG LAKE CONSERVATION CENTER  
**ACTION PLAN: GROUP INFORMATION**

RETURN THIS FORM TO US AT LEAST 3 WEEKS IN ADVANCE OF YOUR VISIT.

WE'LL THEN RETURN A SCHEDULE FOR YOU TO SHARE WITH STUDENTS, PARENTS, AND STAFF.

**Contact Information**

School/Group Name \_\_\_\_\_  
Contact Person \_\_\_\_\_ Title \_\_\_\_\_  
School/Group Address \_\_\_\_\_  
City, State, ZIP \_\_\_\_\_  
Work phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_  
When is the best time to call you? \_\_\_\_\_  
E-mail: \_\_\_\_\_ Fax: \_\_\_\_\_

**Participants**

Number of Students: Total \_\_\_\_\_ Boys \_\_\_\_\_ Girls \_\_\_\_\_  
Number of Adults: Total \_\_\_\_\_ School staff \_\_\_\_\_ Parent-chaperones \_\_\_\_\_  
If School Administrator is attending, please indicate name \_\_\_\_\_  
Grade level/age-range of students: \_\_\_\_\_  
Students with special needs: \_\_\_\_\_  
Dining Hall seating:  LLCC assigns  School assigns (please discuss w/ Instruction Coordinator.)  
Dietary needs: Number of vegetarians \_\_\_\_\_ Number of vegans \_\_\_\_\_  
Food or environmental allergies & Severity (please list all) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Any Colorblind Students:  Yes  No

**Your Visit**

Date(s) of visit: \_\_\_\_\_ Arrival time (Day groups only): \_\_\_\_\_  
Departure time (All groups): \_\_\_\_\_  Bag lunch? (Early departure only)  
Birthdays? Please list first name(s): \_\_\_\_\_

**CHOOSING YOUR ACTIVITIES**

On the following page you'll find a list of activities. Please check the classes & activities you want your students to experience. Detailed descriptions of each activity can be found in the Long Lake Experience packet. Do you have a subject or activity in mind that is not listed? Please let us know.

**A TYPICAL SCHEDULE**

**Day 1**

11:30-12:00 Arrival/Move in  
12:00-1:15 Lunch  
1:30-2:00 Introduction  
2:00-3:30 Activity 1  
3:30-5:00 Activity 2  
5:00-5:15 KP (Kitchen Patrol)  
5:15-5:45 Dinner\*\*  
6:00-7:00 Activity 3  
7:00-8:00 Activity 4  
8:00-9:00 Activity 5\*\*\*  
(Evening activities include choices of canteen and/or campfire)

**Day 2**

7:00-7:30 Rise & Shine  
7:45-8:00 KP  
8:00-8:30 Breakfast  
8:45-10:30 Activity 5  
10:45-1:15 Wilderness Meal\*  
1:15-1:45 Break  
2:00-3:30 Activity 6  
3:30-5:00 Activity 7  
5:00-5:15 KP  
5:15-5:45 Dinner\*\*  
6:00-7:00 Activity 8  
7:00-8:00 Activity 9  
8:00-9:00 Activity 10\*\*\*  
(Evening activities include choices of canteen and/or campfire)

**Day 3**

6:45-7:15 Rise & Shine  
7:15-7:30 KP  
7:30-8:00 Breakfast  
8:15-9:15 Pack & Clean Rooms  
9:15-10:45 Orienteering Race\*  
11:00-11:15 KP  
11:15-11:45 Lunch  
11:45-12:30 Awards  
12:30-1:00 Departure

\*Other activities can be substituted.  
\*\*Meal times may vary with seasons.  
\*\*\*Omit for Short Evening Option - Times of other evening activities may be extended.

LONG LAKE CONSERVATION CENTER  
**ACTION PLAN: ACTIVITIES & CLASSES**

**Year-round Activities & Classes**

- Fireside Stories
- Go Bats!
- Lake Hike
- Journal Writing
- Loons, Lore, and More
- Frog Pond
- Great Games
- Oh, Deer!
- Orienteering
- Orienteering Race
- Advanced Orienteering Race
- Quick Frozen Critters
- Resource Distribution:  
    Wants and Needs
- The Scoop on Poop
- Snakes Alive!
- Star-Gazing (Not available in  
    the Spring)
- Weasel Watch
- Web Works
- Wilderness Meal
- Wilderness Snack
- Who Gives a Hoot?
- LLCC Jeopardy
- Minnesota Trees
- Birding Basics
- Dumpster Diving
- Global Positioning Systems (GPS)
- Can't See the Tree Thru the Forest
- Cooperative Team Games
- Along The Portage (Voyageurs)

**Spring/Fall Activities & Classes**

- Archery
- Beaver: Gnawin' Again
- Bog Trek (Recommend that  
    students and adults bring  
    waterproof boots)
- Canoeing
- Challenge Cooperation Course
- Dissolved Oxygen
- Lake Bottom Organisms
- Night Trek
- Woodcock Sky Dance  
    (April & May only)
- The Hidden Life of Insects

**Canteen**

- One night
  - Souvenirs & snacks to purchase;
  - Souvenirs only;
  - We'll bring our own snacks.
- Two nights
  - Only snacks on first night; only souvenirs on second night, with popcorn & drinks provided by LLCC.
- No canteen
  - We'll bring our own snacks.

**Winter Activities & Classes**

- Alpha Wolf
- Cross Country Skiing
- Deer Browse
- Hypothermia/Winter Survival
- Snow Caves
- Snowshoeing
- Snow Snakes
- Thicket

**Video Options**

**Feature Films**

- \_\_\_ *The Bear*
- \_\_\_ *Cool Runnings*
- \_\_\_ *A Bugs Life*
- \_\_\_ *Never Cry Wolf*

**Educational Films**

- \_\_\_ *Bats and How They Live*
- \_\_\_ *Bats, The True Story*
- \_\_\_ *Cold, Wet, & Alive*
- \_\_\_ *The Eyes Have It*
- \_\_\_ *Eyewitness - Insect*
- \_\_\_ *Eyewitness - Sight*
- \_\_\_ *Great Escapes*
- \_\_\_ *Rise and Fall of the Great Lakes*
- \_\_\_ *Wild Cats*
- \_\_\_ *Wolf Pack*
- \_\_\_ *Woodcock (Wild America)*
- \_\_\_ *Woodcock Mating Display*
- \_\_\_ *Harmony w/Nature - The Vision*
- \_\_\_ *White Wolf - Nat'l Geographic*

Please indicate your class selections and indicate which classes are your "primary" selections.

**Special Requests:**

Curriculum Enhancement (e.g. vocabulary) \_\_\_\_\_

Other: \_\_\_\_\_