

LONG LAKE CONSERVATION CENTER
ACTION PLAN: GROUP INFORMATION

RETURN THIS FORM TO US AT LEAST 3 WEEKS IN ADVANCE OF YOUR VISIT.

WE'LL THEN RETURN A SCHEDULE FOR YOU TO SHARE WITH STUDENTS, PARENTS, AND STAFF.

Contact Information

School/Group Name _____
Contact Person _____ Title _____
School/Group Address _____
City, State, ZIP _____
Work phone: _____ Home Phone: _____
When is the best time to call you? _____
E-mail: _____ Fax: _____

Participants

Number of Students: Total _____ Boys _____ Girls _____
Number of Adults: Total _____ School staff _____ Parent-chaperones _____
If School Administrator is attending, please indicate name _____
Grade level/age-range of students: _____
Students with special needs: _____
Dining Hall seating: LLCC assigns School assigns (please discuss w/ Instruction Coordinator.)
Dietary needs: Number of vegetarians _____ Number of vegans _____
Food or environmental allergies & Severity (please list all) _____

Any Colorblind Students: Yes No

Your Visit

Date(s) of visit: _____ Arrival time (Day groups only): _____
Departure time (All groups): _____ Bag lunch? (Early departure only)
Birthdays? Please list first name(s): _____

CHOOSING YOUR ACTIVITIES

On the following page you'll find a list of activities. Please check the classes & activities you want your students to experience. Detailed descriptions of each activity can be found in the Long Lake Experience packet. Do you have a subject or activity in mind that is not listed? Please let us know.

A TYPICAL SCHEDULE

Day 1

11:30-12:00 Arrival/Move in
12:00-1:15 Lunch
1:30-2:00 Introduction
2:00-3:30 Activity 1
3:30-5:00 Activity 2
5:00-5:15 KP (Kitchen Patrol)
5:15-5:45 Dinner**
6:00-7:00 Activity 3
7:00-8:00 Activity 4
8:00-9:00 Activity 5***
(Evening activities include choices of canteen and/or campfire)

Day 2

7:00-7:30 Rise & Shine
7:45-8:00 KP
8:00-8:30 Breakfast
8:45-10:30 Activity 5
10:45-1:15 Wilderness Meal*
1:15-1:45 Break
2:00-3:30 Activity 6
3:30-5:00 Activity 7
5:00-5:15 KP
5:15-5:45 Dinner**
6:00-7:00 Activity 8
7:00-8:00 Activity 9
8:00-9:00 Activity 10***
(Evening activities include choices of canteen and/or campfire)

Day 3

6:45-7:15 Rise & Shine
7:15-7:30 KP
7:30-8:00 Breakfast
8:15-9:15 Pack & Clean Rooms
9:15-10:45 Orienteering Race*
11:00-11:15 KP
11:15-11:45 Lunch
11:45-12:30 Awards
12:30-1:00 Departure

*Other activities can be substituted.
**Meal times may vary with seasons.
***Omit for Short Evening Option - Times of other evening activities may be extended.

LONG LAKE CONSERVATION CENTER
ACTION PLAN: ACTIVITIES & CLASSES

Year-round Activities & Classes

- Fireside Stories
- Go Bats!
- Lake Hike
- Journal Writing
- Loons, Lore, and More
- Frog Pond
- Great Games
- Oh, Deer!
- Orienteering
- Orienteering Race
- Advanced Orienteering Race
- Quick Frozen Critters
- Resource Distribution:
 Wants and Needs
- The Scoop on Poop
- Snakes Alive!
- Star-Gazing (Not available in
 the Spring)
- Weasel Watch
- Web Works
- Wilderness Meal
- Wilderness Snack
- Who Gives a Hoot?
- LLCC Jeopardy
- Minnesota Trees
- Birding Basics
- Dumpster Diving
- Global Positioning Systems (GPS)
- Can't See the Tree Thru the Forest
- Cooperative Team Games
- Along The Portage (Voyageurs)

Year-round Activities & Classes
(continued)

- Race for Resources
- Seed and Earth Mosaic Art
- Survival Shelters

- Spring/Fall Activities & Classes**
- Archery
- Beaver: Gnawin' Again
- Bog Trek (Recommend that
 students and adults bring
 waterproof boots)
- Canoeing
- Challenge Cooperation Course
- Dissolved Oxygen
- Lake Bottom Organisms
- Night Trek
- Woodcock Sky Dance
 (April & May only)
- The Hidden Life of Insects

Winter Activities & Classes

- Alpha Wolf
- Cross Country Skiing
- Deer Browse
- Energy from Trees
- Hypothermia/Winter Survival
- Snow Caves
- Snowshoeing
- Snow Snakes
- Thicket

Canteen

- One night
 - Souvenirs & snacks to purchase;
 - Souvenirs only;
 - We'll bring our own snacks.
- Two nights
 - Only snacks on first night; only souvenirs on second night, with popcorn & drinks provided by LLCC.
- No canteen
 - We'll bring our own snacks.

Please indicate your class selections and indicate which classes are your "primary" selections.

Special Requests:

Curriculum Enhancement (e.g. vocabulary) _____

Other: _____